



Linda & Ken
KOLDENHOVEN

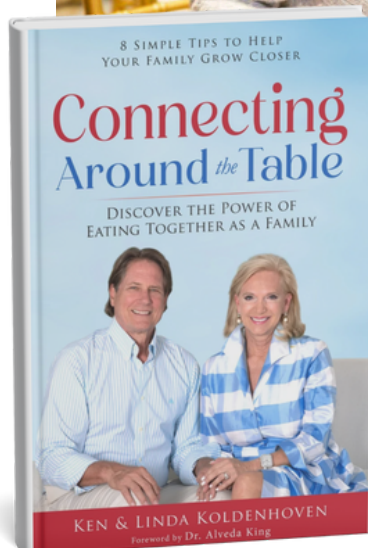
MEDIA KIT

Hi. We're Linda & Ken!

BESTSELLING AUTHORS & SPEAKERS

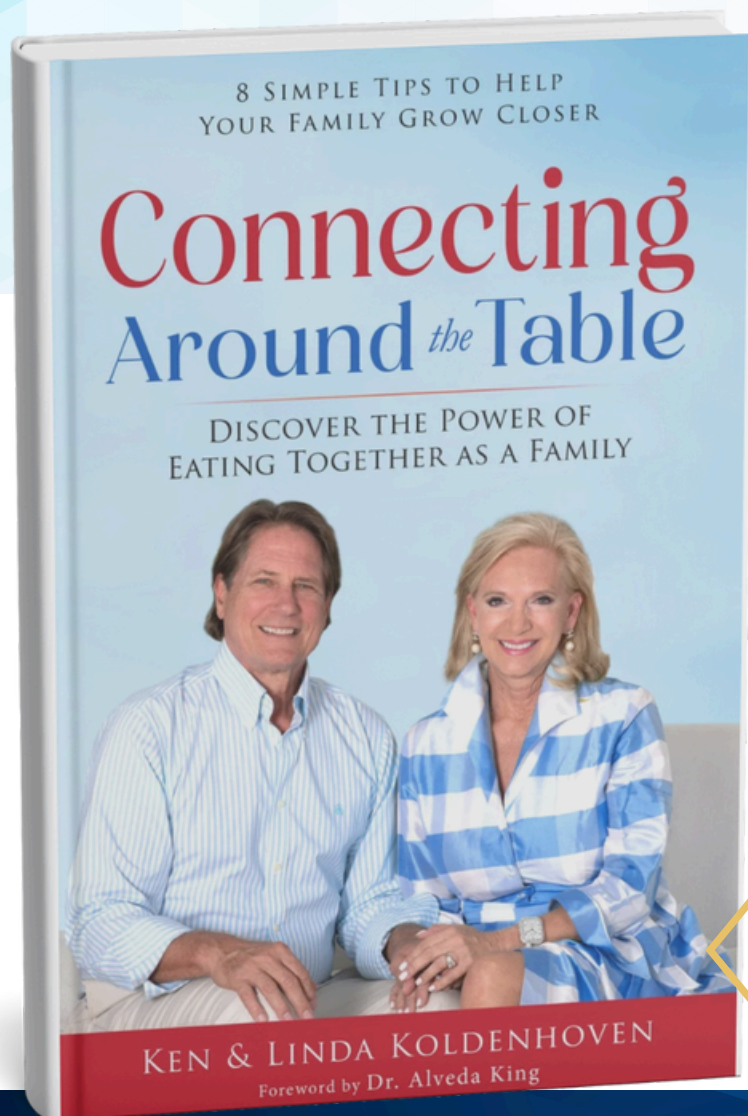
Linda and Ken Koldenhoven live in Central Florida and have been married for over 47 years. They have 3 adult children and 6 beautiful grandchildren they love spending time with. Sharing the love and hope of Jesus, entertaining and teaching the importance of cooking, eating, and praying together as a family is their passion.

Connecting Around the Table brings families back to the heart of the home—the kitchen table—with practical tips and inspiring stories to rekindle the warmth of family meal time.



 ConnectingAroundtheTable.com

Connecting Around the Table is more than a guide– it's an invitation to rediscover the joy of being together, one meal at a time.



IN "CONNECTING AROUND THE TABLE"

YOU'LL LEARN:

- 1 **Build Stronger Bonds:** Elevate mealtime into a cherished family ritual
- 2 **Boost communication:** Promote heartfelt discussions during meals
- 3 **Eat Healthy:** Offer appealing, nutritious recipes for all ages
- 4 **Deepen Faith:** Incorporate prayer and gratitude into mealtime
- 5 **Create memories:** Turn meals into joyful, memorable occasions



Linda and Ken live in Central Florida, have been married 47 years with 3 children and 6 grandchildren. They are passionate about God, family, cooking, fashion and hospitality.

Author

Linda & Ken Koldenhoven

Price

\$12.99 paperback
\$24.99 hardcover

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Title

Connecting Around
the Table

Genre

Christian Self-Help
Family & Parenting

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Subtitle

Discover the Power of
Eating Together as a
Family

Available at

Amazon
ConnectingAround
theTable.com

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AS SEEN ON



SPEAKING TOPICS

- ✓ Centering your family around the dinnertime ritual in order to grow closer and maintain family bonds
- ✓ The role that faith and family play in preserving America's culture and founding principles
- ✓ "CREATION" cooking, a method for mentoring young couples in cooking, hospitality and parenting
- ✓ Discovering the power of the table to create lasting memories and to cultivate healthy eating habits

What people are saying



From practical advice to choose food wisely, to self-care tips to embrace rest, to spiritual principles to give thanks to God, this small book is packed with sage timeless advice.

Dr. Alveda King



Linda and Ken have taught many families the benefits of... growing stronger by breaking bread together. Use this book to follow their lead, and shape your family culture to bring you closer to God and to each other.

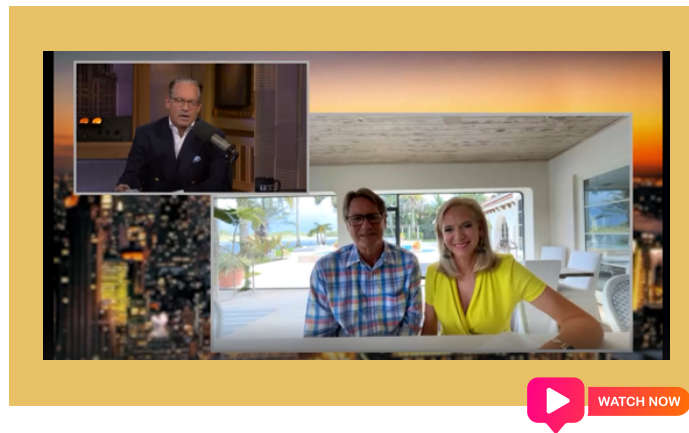
Kevin & Sam Sorbo



The beauty of this is that it is never too late to start applying these steps to make shared meals something to look forward to and that will ultimately strengthen family relationships and blessings in the process.

Lisa Rowan

Some media appearances...



Sample questions & answers



Q: Does your book include recipes?

A: It does include a few, but mainly it is a lifestyle book to influence people to start eating together and share the precious time around the table. We don't have our kids in our home for long, so we want to take advantage of every moment.

Q: We have an epidemic of loneliness in our society. How does your book address this issue?

A: Our neighborhoods and churches are full of widows, single moms, college students and others who are lonely. Inviting someone into our home for dinner is one of the best ways to communicate love to someone who needs companionship.

Q: What motivated you to make family dinner a priority?

A: I (Ken) heard my daughter say that my priorities were "business, business, business," and that started some re-evaluation. I began to work from home and started the day making breakfast for my kids and really getting to know them. That turned into making dinner while they did homework. I felt like I was finally becoming a true father and a better husband.

Q: What inspired you to write this book?

A: Seeing what is happening in the culture around us, including the breakdown of the family, the epidemic of loneliness and the decline in morality, we felt compelled to encourage families to gather around the table once a day. This is where we can impart our values, our love for God and our love for the country. As Ronald Reagan said, "All great change in America begins at the dinner table."